SENIOR CENTER at MAPLE HALL
All Ages Welcome!!
TUESDAYS in MARCH

8:30-9:30  ZUMBA! with Jennifer.  Music and fitness fun to start your day.  First session FREE.

9:00-11:30  MAH JONGG  Observe or join our enthusiasts of this challenging game.

9:30-11:30  STONE SOUP DISCUSSION GROUP  Explore a variety of thought-provoking topics.

9:30-11:30  CANASTA  A fun group enjoys this time-honored card game of teamwork.

9:30-11:30  WOOD CARVING GROUP:  Join with woodcarving enthusiasts to work on projects, and share techniques.  Newcomers welcome to observe or try it out.

10:00-11:00  TAI-CHI FOR MOVEMENT:  Substitute Instructor Joanne leads this mindful exercise form to improve coordination and focus.

10:30-11:30  BRAINSTORMIN’  Test your vocabulary with a challenging game of Scrabble!

12:00-1:00  MARCH 31:  ANNUAL MEETING and POTLUCK:  It’s that time again to approve Senior Center officers and review the budget.  Potluck theme is “Share a Sandwich”.

12:00-12:30  LUNCH  Pack up your brown bag lunch and visit with friends every Tuesday.

1:00-2:00  STRENGTH AND BALANCE EXERCISE CLASS  Appropriate for all activity levels.  Seated and standing exercises using a variety of fitness equipment.  First session FREE.

2:00-3:30  STITCHERS ‘N CRAFTERS:  Join to work on projects and share ideas.

2:00-4:00  NON-FICTION CREATIVE WRITING CLASS:  Published author Claire Swedberg leads a diverse and enthusiastic group in writing personal stories from interesting and unexpected points of view.  Contact Claire at 360-466-0271 to pre-register.

THURSDAYS (Closed March 12)

8:30-9:30  ZUMBA! with Jennifer.  Music and fitness fun to start your day.  First session FREE.

9:30-11:00  ARTISTIC JOURNALING with Margaret Carpenter Arnett.  Six week series in progress.

10:00-11:00:  STRENGTH AND BALANCE EXERCISE CLASS  Appropriate for all activity levels.

HAIRCUTS with MARIANNE
MARCH 10  9:00a-12:00p
Top notch women’s and men’s haircuts for $15
Call for an appointment (360) 540-2124